

# CPR Training & First Aid Training

Be Proactive: See the reverse side of this flier for IMPORTANT information...

## First Aid Training: \$25.00

Thurs., October 12th, 2017; 1:00 PM to 3:00 PM  
Providence Emilie Court ALF  
34 E. 8th Ave., Spokane, WA 99202

## CPR (with AED) Training: \$25.00

Thurs., October 12th, 2017; 3:00 PM to 5:00 PM  
Providence Emilie Court ALF  
34 E. 8th Ave., Spokane, WA 99202

**Jeannine White, RN, MSN, CCNS**  
American Heart Association Certified Instructor

See our web page for other scheduled classes.

**To register for classes on-line:**

**[www.assurance-quality.com/training.html](http://www.assurance-quality.com/training.html)**

You may also register by: e-mail; [QACcons@aol.com](mailto:QACcons@aol.com)  
FAX; 360 887-4114; or call: 360 887-4118 (voicemail)

Payment arrangements must either be made in advance, or Payment will be due during the Training Session. If payment arrangements are not made, or if payment is not received by the end of class, Certificates / Cards may not be issued until payment is received. Upon receipt of payment, Certificates / Cards will be mailed to the facility / individual.

**Make checks or money orders payable to: QUALITY ASSURANCE CONSULTING, LLC**

Method of payment: cash, checks or money orders. No out of state checks will be accepted.

**There will be a \$25.00 fee for returned checks.**

**Please See Reverse**

**American Heart Association “Heartsaver” First Aid Training (\$25.00)** Can be taken by anyone.  
**American Heart Association “Heartsaver” CPR Training (\$25.00)** Class size will now be limited to 12 people! "Walk-in's" will only be accommodated if anyone registered in advance of class, does not "show up".

Needed by all Long Term Care Workers.

**NOTE:** RN's, those in RN Training programs, and Hospital workers will need “**Basic Life Support” CPR Training.**

**American Heart Association BLS CPR online Training IS REQUIRED TO BE TAKEN BEFORE ATTENDING CLASS.**

See the “CPR Training” heading at: [www-assurance-quality.com/clients.html](http://www-assurance-quality.com/clients.html) OR call us for details at: 360 901-4567.

### Important Information regarding Training Regulations / classes at this time:

The **New** Training requirements of Initiative 1163, which were brought to and passed by the voters in Nov., 2011, by the primary initiator of I-1029, Service Employees International Union (SEIU), **has been in effect since 01-07-12.**

Go to: [www.dshs.wa.gov/altsa/long-term-care-professionals-providers](http://www.dshs.wa.gov/altsa/long-term-care-professionals-providers)

Scroll down to, and click on, the “Training Requirements & Classes” heading.

This section offers links to information regarding Training Requirements for Long Term Care Workers (LTC Workers) for Adult Family Homes (AFH's) and Assisted Living Facilities (ALF's). It also illustrates how to become approved to teach Orientation and Safety Training in your AFH or ALF; and other useful information.

Links to: LTC Workers application and testing for **Home Care Aide Certification** - requirement for all, trained after 1-7-12.

**Home Care Aide Application Packet** (\$85.00 fee): [www.doh.wa.gov/Portals/1/Documents/Pubs/675002.pdf](http://www.doh.wa.gov/Portals/1/Documents/Pubs/675002.pdf)

**Examination Application** (\$127.00 fee): Included in the above Application

**HCA Fee Schedule:**

[www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewRenewerUpdate/HomeCareAide/Fees](http://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewRenewerUpdate/HomeCareAide/Fees)

**Washington Home Care Aide Regional Test Site Locations:**

[www.prometric.com/en-us/clients/WADOH/Documents/UpdatedWARegionalTestSites.pdf](http://www.prometric.com/en-us/clients/WADOH/Documents/UpdatedWARegionalTestSites.pdf)

**WA State Dept. of Health Certified Home Care Aide Candidate Information Bulletin:**

[www.prometric.com/en-us/clients/WADOH/Documents/WAHCBulletin\\_EffectiveMay1.pdf](http://www.prometric.com/en-us/clients/WADOH/Documents/WAHCBulletin_EffectiveMay1.pdf)

**WA State Dept. of Health Practice Test:** [www.prometric.com/en-us/clients.wadoh/Pages/practice-exams.aspx](http://www.prometric.com/en-us/clients.wadoh/Pages/practice-exams.aspx)

**HCA Examination Request Form** (for those who have already submitted a HCA Application prior to 05-01-16, and now need to take the Prometric Test): [www.doh.wa.gov/Portals/1/Documents/Pubs/675012.pdf](http://www.doh.wa.gov/Portals/1/Documents/Pubs/675012.pdf)

LTC Workers application and testing for “Home Care Aide” Certification (a requirement for all, trained after 01-07-12).

**I-1163 Training Requirements will NOT effect RN's, LPN's or NA-C's; except...**

All LTC Workers (Long Term Care Worker) must take 12 Hours of Continuing Education (C.E.) per year. The C.E. requirement must be completed by ones Birthday (not the last day of the calendar year, December 31st, as in the past). This requirement began on 07-01-12. Birthday to Birthday is the LTC Worker's “year”.

Since 07-01-12, 12 Hours of C.E. must be completed by one's Birthday, or one cannot work until it IS done.

See “Continuing Education Requirements” at this link:

See: [www.dshs.wa.gov/altsa/training/continuing-education-requirements](http://www.dshs.wa.gov/altsa/training/continuing-education-requirements)

**CPR/First Aid may now be used to count for 3 Hours of C.E. only when:**

Class is taken in person (No on-line certificate / card will be accepted).

Training must include hands on skills development through the use of mannequins or training partners.

Class is taken from an OSHA approved entity such as American Red Cross or American Heart Association.

OSHA approved American Red Cross, or American Heart Association logo is printed on card.

Three (3) hours of CE Credit will be given for the year when class was taken on trainee's birthdate timeline for CE approval.

There is no unique CE Approval code for CPR/First Aid.

See: [www.dshs.wa.gov/altsa/training/applying-cprfirst-aid-training-hours-ce](http://www.dshs.wa.gov/altsa/training/applying-cprfirst-aid-training-hours-ce)

**Any LTC Worker hired as of 01-07-12 or later, must take 75 Hours of Long Term Care Worker Training; made up of these four components: Core Basic Training, Population Specific Training, Orientation Training and Safety Training.**

**Quality Assurance Consulting, LLC, is now offering:**

Core Basic Training: 40 Hours

Population Specific Training: 30 Hours (or 32 Hours)

Dementia Specialty Training (LTC Worker & Manager): 8 Hours;

Mental Health Specialty Training (LTC Worker & Manager): 8 Hours;

Developmental Disabilities Training - Part 1: 8 Hours;

Developmental Disability Training - Part 2: 8 Hours;

Care of the Geriatric Resident: 6 Hours

**Courses NOT INCLUDED in the 75 Hour LTC Worker Training; but still probable Training requirements:**

Nurse Delegation for Nursing Assistants Training; 9 Hours

Nurse Delegation; Special Focus on Diabetes: 3 Hours

CPR Training: 2 Hours

First Aid Training: 2 Hours

HIV/AIDS Training (also included in CBT): 1.5 Hours

Continuing Education: online only; Sometime in 2018 (maybe). ALL C.E. offerings will be approved by DSHS.

See: [www.assurance-quality.com/ceu.html](http://www.assurance-quality.com/ceu.html)

**As of 01-07-12, there is no more “28 Hour Revised Fundamentals of Caregiving” Training.**

**As of 01-07-12, there is no more “Self-Study Modified Fundamentals of Caregiving” Training for NA-C's, LPN's or RN's.**

LTC Workers would take Core Basic Training; and RN's, LPN's and NA-C's would not take MFOC (as it no longer exists).

RN's, LPN's, NA-C's and LTC Workers would still need to take Dementia Specialty Training; and / or Mental Health Specialty Training; and / or Developmental Disabilities Administration Specialty Training, if interacting with those client categories.

NA-C's and LTC Workers would still have to take Nurse Delegation for Nursing Assistants Training if needing to be Nurse (RN) Delegated for certain tasks (including passing medications).

NA-C's and LTC Workers would also still need to take Nurse Delegation; Special Focus on Diabetes Training if needing to be Nurse (RN) Delegated to administer Insulin Injections to clients.

**Active NA-C (Nursing Assistant-Certified) licenses (for NA-C's):**

**Active NA-R (Nursing Assistant-Registered) licenses (for those eligible to have them); or**

**Active HM-C (Home Care Aide-Certified) licenses (for LTC Workers) are required, for Nurse Delegation to be able to occur.**