



# Mental Health Specialty Training

## For Managers and Long Term Care Workers

**Be Proactive: See the reverse side of this flier for Training rules & information...**

These courses will be offered on the following dates, at the following locations:

Tuesday, September 26th, 2017

**Brookdale Vancouver Orchards ALF**

10011 NE 118th Ave., Vancouver, WA 98682

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Tuesday, November 28th, 2017

**Mallard Landing ALF**

813 SE Clark Ave., Battle Ground, WA 98604

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Hours: 8:00 AM - 5:30 PM

Cost: \$75.00 for Long Term Care Workers

\$90.00 for Managers

This curriculum is ALTSA; DSHS approved and fulfills all requirements for Mental Health Instruction.

Manager & LTC Worker Classes will run concurrently.

Recommendations: Carpool; Lunch on your own; COME TO CLASS WELL RESTED

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**NOTE: Long Term Care (LTC) Worker TESTING will occur the day of class.**

Manager TESTING for the 09-26 class:

Thurs. or Fri., 09-28 or 09-29; 1:00 PM to 4:00 PM @

Brookdale Vancouver Orchards ALF, 10011 NE 118th Ave., Vancouver, WA 98682

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Manager TESTING for the 11-28 class:

Thurs. or Fri., 11-30 or 12-01; 1:00 PM to 4:00 PM @

Mallard Landing ALF, 813 SE Clark Ave., Battle Ground, WA 98604

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**Jeannine White, RN, MSN, CCNS**

Washington State D.S.H.S. Approved Community Instructor

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See our web page for other scheduled classes.

To register for classes on-line:

**[www.assurance-quality.com/training.html](http://www.assurance-quality.com/training.html)**

You may also register by: e-mail; [QACcons@aol.com](mailto:QACcons@aol.com)

FAX; 360 887-4114; or call: 360 887-4118 (voicemail)

Payment arrangements must either be made in advance, or Payment will be due during the Training Session. If payment arrangements are not made, or if payment is not received by the end of class, Certificates / Cards may not be issued until payment is received. Upon receipt of payment, Certificates / Cards will be mailed to the facility / individual.

Make checks or money orders payable to: **QUALITY ASSURANCE CONSULTING, LLC**

Method of payment: cash, checks or money orders. No out of state checks will be accepted.

There will be a \$25.00 fee for returned checks.

**Please See Reverse**

# Mental Health Specialty Training

## For Managers and Long Term Care Workers

### Mental Health Specialty Training - LTC Worker: (\$75.00)

A Washington State Aging and Long-Term Support Administration (AL TSA); Department of Social and Health Services (DSHS) approved course:

Required by any Long Term Care Worker providing care to anyone with a diagnosis of any form of Mental Illness.

### Mental Health Specialty Training - Manager: (\$90.00)

A Washington State Aging and Long-Term Support Administration (AL TSA); Department of Social and Health Services (DSHS) approved course:

Required by any Provider, Manager, or person in Supervision of other LTC Workers providing care to anyone with a diagnosis of any form of Mental Illness.

### Important Information regarding Training Regulations / classes at this time:

The New Training requirements of Initiative 1163, which were brought to and passed by the voters in Nov., 2011, by the primary initiator of I-1029, Service Employees International Union (SEIU), has been in effect since 01-07-12.

Go to: [www.dshs.wa.gov/altsa/long-term-care-professionals-providers](http://www.dshs.wa.gov/altsa/long-term-care-professionals-providers)

Scroll down to, and click on, the "Training Requirements & Classes" heading.

This section offers links to information regarding Training Requirements for Long Term Care Workers (LTC Workers) for Adult Family Homes (AFH's) and Assisted Living Facilities (ALF's). It also illustrates how to become approved to teach Orientation and Safety Training in your AFH or ALF; and other useful information.

Links to: LTC Workers application and testing for Home Care Aide Certification - requirement for all, trained after 1-7-12. Home Care Aide Application Packet (\$85.00 fee): [www.doh.wa.gov/Portals/1/Documents/Pubs/675002.pdf](http://www.doh.wa.gov/Portals/1/Documents/Pubs/675002.pdf)

Examination Application (\$127.00 fee): Included in the above Application

HCA Fee Schedule:

[www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewRenewerUpdate/HomeCareAide/Fees](http://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewRenewerUpdate/HomeCareAide/Fees)

Washington Home Care Aide Regional Test Site Locations:

[www.prometric.com/en-us/clients/WADOH/Documents/UpdatedWARegionalTestSites.pdf](http://www.prometric.com/en-us/clients/WADOH/Documents/UpdatedWARegionalTestSites.pdf)

WA State Dept. of Health Certified Home Care Aide Candidate Information Bulletin:

[www.prometric.com/en-us/clients/WADOH/Documents/WAHCBulletin\\_EffectiveMay1.pdf](http://www.prometric.com/en-us/clients/WADOH/Documents/WAHCBulletin_EffectiveMay1.pdf)

WA State Dept. of Health Practice Test: [www.prometric.com/en-us/clients.wadoh/Pages/practice-exams.aspx](http://www.prometric.com/en-us/clients.wadoh/Pages/practice-exams.aspx)

HCA Examination Request Form (for those who have already submitted a HCA Application prior to 05-01-16, and now need to take the Prometric Test): [www.doh.wa.gov/Portals/1/Documents/Pubs/675012.pdf](http://www.doh.wa.gov/Portals/1/Documents/Pubs/675012.pdf)

LTC Workers application and testing for "Home Care Aide" Certification (a requirement for all, trained after 01-07-12).

I-1163 Training Requirements will NOT effect RN's, LPN's or NA-C's; except...

All LTC Workers (Long Term Care Worker) must take 12 Hours of Continuing Education (C.E.) per year. The C.E. requirement must be completed by ones Birthday (not the last day of the calendar year, December 31st, as in the past). This requirement began on 07-01-12. Birthday to Birthday is the LTC Worker's "year".

Since 07-01-12, 12 Hours of C.E. must be completed by one's Birthday, or one cannot work until it IS done.

See "Continuing Education Requirements" at this link:

See: [www.dshs.wa.gov/altsa/training/continuing-education-requirements](http://www.dshs.wa.gov/altsa/training/continuing-education-requirements)

CPR / First Aid may now be used to count for 3 Hours of C.E. A number of restrictions apply.

See: [www.dshs.wa.gov/altsa/training/applying-cprfirst-aid-training-hours-ce](http://www.dshs.wa.gov/altsa/training/applying-cprfirst-aid-training-hours-ce)

Any LTC Worker hired as of 01-07-12 or later, must take 75 Hours of LTCW Training; made up of these four components: Core Basic Training, Population Specific Training, Orientation Training and Safety Training.

Quality Assurance Consulting, LLC, is now offering:

Core Basic Training: 40 Hours

Population Specific Training: 30 Hours (or 32 Hours)

Dementia Specialty Training (LTC Worker & Manager): 8 Hours;

Mental Health Specialty Training (LTC Worker & Manager): 8 Hours;

Developmental Disabilities Training - Part 1: 8 Hours;

Developmental Disabilities Training - Part 2: 8 Hours;

Care of the Geriatric Resident Training: 6 Hours

Courses NOT INCLUDED in the 75 Hours of LTC Worker Training; but still probable Training requirements:

Nurse Delegation for Nursing Assistants Training; 9 Hours

Nurse Delegation; Special Focus on Diabetes Training: 3 Hours

CPR Training: 2 Hours

First Aid Training: 2 Hours

HIV/AIDS Training (also included in CBT): 1.5 Hours

Continuing Education: online only; Sometime in 2018 (maybe). ALL C.E. offerings will be approved by DSHS.

See: [www.assurance-quality.com/ceu.html](http://www.assurance-quality.com/ceu.html)

As of 01-07-12, there is no more "28 Hour Revised Fundamentals of Caregiving" Training.

As of 01-07-12, there is no more "Self-Study Modified Fundamentals of Caregiving" Training for NA-C's, LPN's or RN's. LTC Workers would take Core Basic Training; and RN's, LPN's and NA-C's would not take MFOC (as it no longer exists).

RN's, LPN's, NA-C's and LTC Workers would still need to take Dementia Specialty Training; and / or Mental Health Specialty Training; and / or Developmental Disabilities Administration Specialty Training, if interacting with those client categories.

NA-C's and LTC Workers would still have to take Nurse Delegation for Nursing Assistants Training if needing to be Nurse (RN) Delegated for certain tasks (including passing medications).

NA-C's and LTC Workers would also still need to take Nurse Delegation; Special Focus on Diabetes Training if needing to be Nurse (RN) Delegated to administer Insulin Injections to clients.

Active NA-C (Nursing Assistant-Certified) licenses (for NA-C's); Active NA-R (Nursing Assistant-Registered) licenses (for those eligible to have them); or Active HM-C (Home Care Aide-Certified) licenses (for LTC Workers) are required, for Nurse Delegation to be able to occur.